

Emergency Informational Resources

This resource provides a sampling of community services. The information is accurate as of the publication date (March 27, 2020).

211 Hotlines can provide free information 24 hours/7 days a week regarding: Food, Housing, Senior Services, Transportation and so much more.

211 COUNTIES	WEBSITES	PHONE NUMBERS
Los Angeles	211LA.org	211
Orange	211OC.org	211 or (888) 600-4357
San Bernardino	211sb.org .	211 or (888) 435-7565
Ventura	211Ventura.org	211 or (800) 339-9597
Riverside	connectriverside.org	211 or (951) 686-4402

Meals on Wheels/Food Banks/Grocery Stores with Senior Hours

FOOD	WEBSITES	PHONE NUMBERS
Meals on Wheels America <i>Locates by Zip code</i>	Mealsonwheelsamerica.org	(888) 998-6325
LA County Food Banks	Lafoodbank.org	(323) 234-3030
Orange County Food Banks	Capoc.org	(714) 897-6670
Inland Empire Food Banks	Feedingamericaie.org	(951) 359-4757
Ventura County Food Share	Foodshare.com	(805) 983-7100 (805) 477-7300
Stater Brothers, Trader Joes, Whole Foods, Vallarta, Target	-----	Instruct Pt to call store for specific days/times
Walmart	Curbside pick-up & home deliveries for Online orders	

Utility Agencies that are suspending Disconnections due to inability to pay

AGENCIES	WEBSITES	PHONE NUMBERS
Southern California Edison	Sce.com/bill help	(800) 655-4555
Southern California Gas	socalgas.com	(800) 427-2200
Department of Water and Power	ladwp.com	(800) 324-5397
Home Energy Emergency Assistance Program	-----	(866) 675-6623

Eldercare Assistance with Grooming/ Hygiene/& Light Housekeeping (Private Pay)

AGENCIES	WEBSITES	PHONE NUMBERS
Amada Senior Care	AmadaLongBeach.com	(310) 953-0440
Home Instead Senior Care	Homeinstead.com	(562) 596-4884
Affordable Caregivers	AffordableCaregivers.com	(800) 930-0073
Comfort Keepers	Lagunanique- 416.comfortkeepers.com	(949) 481-6900
Rainbow Home Care Inc	Rainbowcare.com	(714) 544-8070

Abuse/Violence Hotlines

Adult Protective Services	WEBSITES	PHONE NUMBERS
Los Angeles County	cdss.ca.gov	(877) 477-3646
Elder Abuse Orange County	ssa.ocgov.com	(800) 451-5155
Riverside County	dpss.co.riverside.ca.us	(800) 491-7123
San Bernardino County	hss.sbcounty.gov	(877) 565-2020

Government Services

AGENCIES	WEBSITES	PHONE NUMBERS
Medicare Hotline	medicare.gov	(800) 633-4227
Medi-CAL Hotline	medi-cal.ca.gov	(800) 541-5555
Social Security (includes Social Security Disability)	ssa.gov	(800) 772-1213
To File Unemployment Claims	www.edd.ca.gov/unemployment/Filing_a_Claim.htm	

HUB/SPOKE SOCIAL WORK CONTACTS

Long Beach VA: **SCI Social Staff** @ (562) 826-8000 ext. 5702

Loma VA: SCI Coordinator **Ashley Williams** @ (909) 825-7084 ext. 1172

GLA VA: SCI Coordinator **Sona Aslanyan** @ (818) 891-7711 ext. 32838